

Parent Resources for

Military-Connected Youth

VIRGINIA NATIONAL GUARD CHILD AND YOUTH SERVICES



Children

Child Care Aware

Provides Army families with information on affordable child care that suits their specific needs. Covers full-day, part-time, before and after school, summer and respite care.

www.ChildCareAware.org

- **Operation Military Child Care (OMCC)**

Deployed Service members are eligible for subsidies.

- **Military Child Care in Your Neighborhood**

For Active Guard and Reserve (AGR) Service members on Title 10 and Title 32 orders. Includes before and after school care.

- **Respite Services**

16 hours of free child care by licensed providers for Service members, active and reserve during deployment.

Zero to Three

Provides parents and professionals the knowledge to nurture early development. www.ZeroToThree.org

Parents As Teachers

Provides information, support, and encouragement that parents need to help their children develop during the crucial early years of life.

www.parentasteachers.org

YMCA

Free membership during deployment at participating facilities.

www.ymca.net

Military Families Near and Far

Sesame Street's military families initiative provides resources for military families with preschool children experiencing the effects of deployments and more. <https://sesamestreetformilitaryfamilies.org/>

Youth & Teens

State Teen Panel

The STP is a team made up of military kids from all different walks of life with an array of different skills and talents that all come together to carry on the Youth Program mission, purpose, and goals by acting as the voice of all National Guard teens and youth throughout the state of Virginia.

Contact your Youth Coordinators for more information.

Youth Camps

4-H Days Camps, Operation Purple Camps, the Virginia National Guard Annual Youth Camp and more! Follow Virginia National Guard Youth Programs on Facebook for more info.

<https://www.facebook.com/VANGYouthPro>

Month of the Military Child

April is the month of the military child, which highlights the contributions that military connected youth make for our nation.

Look out for events in April: Spirit Week, photo contests, and more!

Military Kids Connect

An online community for military children (ages 6-17) that provides access to age-appropriate resources to support the unique psychological challenges of military life.

<https://militarykidsconnect.health.mil>

Military One Source

Free resources for families and military connected youth ages 0-18.

www.MilitaryOneSource.com

United Heroes League

Provides military kids with sports equipment, tickets, grants, and skills camps. www.unitedheroesleague.org

Student Support

K-12 Military Kids Toolkit

A free online curriculum for school counselors to lead a military kids club for military connected students. The curriculum is broken down for K-2, 3-5, 6-8 and 9-12 grade. Contact your Youth Coordinators for more information on how to access the toolkit.

The School Liaison Program

School liaisons help address common education challenges of military families. Find your local liaison: <https://www.militaryonesource.mil/education-employment/for-children-and-youth/changing-schools/school-liaisons/>

Tutor.com

Free online tutoring for Service members and their families - for all ages and education levels. www.tutor.com/military

Military Child Education Coalition (MCEC)

Offers free training for youth professionals that work with military connected youth. www.MilitaryChild.org

SAT/ACT Prep Course

Free SAT/ACT prep course. www.eknowledge.com/operationmilitarykids

Our Military Kids

Our Military Kids provides grants (up to \$300 per child) for sports, fine arts, camps, and tutoring programs during a parent's deployment or recovery, for children aged 3-18. www.OurMilitaryKids.org

Yellow Ribbon Reintegration Support to Families

Child and Youth Services provides support to military families at Yellow Ribbon reintegration events.



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